



Christ's College Supporting Students with Allergies Policy

Date	Version	Reviewer	Details	Next review date
04/08/2025	1.0	Sara Hamer	Policy created	August 2026

Lead Responsibility: Headteacher

Distribution: All staff, catering team, parents/carers, governors

1. Statement of Intent

Christ's College is committed to safeguarding the health and wellbeing of students with allergies. We aim to create an inclusive, safe, and supportive environment where all students can thrive, regardless of their medical needs.

2. Legal and Regulatory Framework

This policy aligns with:

- Children and Families Act 2014
- Supporting Pupils with Medical Conditions (DfE, 2015)
- Food Information Regulations 2014
- Equality Act 2010
- Health and Safety at Work Act 1974

3. Identification and Individual Healthcare Plans (IHPs)

- Parents/carers must disclose any allergies during enrolment or upon diagnosis.
- An Individual Healthcare Plan (IHP) will be created for each student with allergies, detailing:
 - o Known allergens
 - o Symptoms and severity
 - o Emergency procedures
 - o Medication (e.g., AAls)
 - o Roles and responsibilities
- IHPs will be reviewed annually or after any allergic incident.

4. Allergy Action Plans

- Completed by a healthcare professional in partnership with parents/carers.

- Stored securely but accessibly in the school office and with relevant staff.
 - Include emergency contact details and step-by-step instructions for managing reactions.
-

5. Medication Management

- AAI (e.g., EpiPen, Jext) must be:
 - o Clearly labelled with the student's name
 - o Stored in accessible, secure locations
 - o Checked termly for expiry
 - Spare AAI may be held by the school in accordance with UK legislation.
-

6. Staff Training

- Annual training for relevant staff on:
 - o Recognising allergic reactions and anaphylaxis
 - o Administering AAI
 - o Emergency protocols (ABC: Assess, Breathe, Call 999)
 - Training provided via AllergyWise® for Schools and Anaphylaxis UK resources [\[1\]](#).
-

7. Food and Catering

- Catering staff must:
 - o Be trained in allergen awareness
 - o Label all food with allergen information
 - o Avoid cross-contamination
 - Students with allergies will be discreetly identified to catering staff.
 - Packed lunches must comply with allergy-safe guidelines where applicable.
-

8. Risk Assessments

- Risk assessments will be conducted for:
 - o School trips
 - o PE and sports activities
 - o Science experiments
 - o Art and cooking lessons
 - Plans will include emergency procedures and medication access.
-

9. Emergency Response Protocol

- In case of a suspected allergic reaction:
 1. **Assess** the situation
 2. **Administer** AAI if symptoms of anaphylaxis are present
 3. **Call 999** immediately
 4. **Monitor** the student and inform parents/carers

- Flowcharts for allergic reactions (with/without AAI use) are displayed in the staff room and medical room and main office.
-

10. Inclusion and Anti-Bullying

- Students with allergies will be supported to participate fully in all school activities.
 - Any bullying or exclusion related to allergies will be addressed under the school's Anti-Bullying Policy.
 - Peer education will be promoted to foster understanding and empathy.
-

11. Communication

- Regular updates between school and parents/carers.
 - Allergy information shared with relevant staff only, respecting confidentiality.
 - Parents/carers must inform the school of any changes in allergy status, symptoms or medication.
-

12. Monitoring and Review

- The policy will be reviewed annually or following any incident.
 - Feedback from staff, parents, and students will inform updates.
 - Compliance audits will be conducted to ensure policy effectiveness.
-

13. Resources and References

[1] [Allergy guidelines for your school's medical conditions policy](#)

[2] [Model Allergy Policy for Schools - allergyschool.org.uk](http://allergyschool.org.uk)

[3] www.anaphylaxis.org.uk

[GOV.UK Allergy Guidance for Schools](#)
