



Subject: PE Department

Year Group: **10 and 11 Edexcel GCSE Physical Education**

Curriculum Intent:

To develop all students physical, emotional and social me's (Health)

College Values:

All of the college values are engrained in what we do in the classroom but more evidently from a practical perspective where students must show especially co-operation to be successful. This is evident when practicing a task on your own, groups of two and much larger groups as well.

Knowledge and Skills:

The course consists of four units Components 1 to 4 Below is an outline of each unit along with topics covered in each unit

Component 1: Fitness and Body Systems

- Applied Anatomy and Physiology
- Movement Analysis
- Physical Training

Component 2: Health and Performance

- Health, Fitness and Well Being
- Sports Psychology
- Socio Cultural Influences

Component 3: Practical Performance

- Skills during individual activities
- Skills during team activities

Component 4: Personal Exercise Programme

- Analysis of proposed PEP
- Carrying out and monitor the PEP
- Evaluation of the PEP





Christ's College Guildford

Principal: Sarah Hatch. BA (Hons), QTS, PGC, NPQH
www.christscollege.surrey.sch.uk



Assessment:

Edexcel GCSE Physical Education

Verbal Guidance and verbal feedback will be a consistent feature in PE lessons along with visual Guidance and visual demonstrations

Written feedback on google classroom for homework will also be provided as well as class work that is completed.

Class assessments will take place in students exercise books to help provide evidence of knowledge and understanding.

- Component 1 = 1hour 45mins Exam 90 marks (36%)
- Component 2 = 1hour 15mins Exam 70 marks (24%)
- Component 3 = 1 Individual Sport and 1 Team Sport, plus a further third sport from either category 105 Marks (30%) Video evidence required along with live moderation.
- Component 4 = Coursework and Practical aspects 20 marks (10%)

Homework:

Students receive homework once per fortnight in order to consolidate and enhance learning in the classroom. This will be set on SMHW and submitted on Google Classroom.

Cultural Capital:

The GCSE qualification continues to offer a broadened curriculum and can aid students perusing a career within sport and provides effective links to A-level PE and science based further education courses.

Supporting student to develop as healthy human beings that continue to live an active lifestyle within the community. We aim to bring the community closer to school by developing and enhancing club links and increasing the health of the school and communities population. Extra-Curricular sports are available for recreational and competitive opportunities. Competitive fixtures are also played at District, Regional and National Level.

A mix gendered sports tour is offered each year for all ages to experience a different culture and a different experience within either football or handball. We have recently toured to Porto and Manchester.