



Christ's College Guildford

Principal: Sarah Hatch. BA (Hons), QTS, PGC, NPQH
www.christscollege.surrey.sch.uk



Subject: PE Department

Year Group: **10 and 11 OCR Cambridge Nationals in Sport Studies**

Curriculum Intent:

To develop all students physical, emotional and social me's (Health)

College Values:

All of the college values are engrained in what we do in the classroom but more evidently from a practical perspective where students must show especially co-operation to be successful. This is evident when practicing a task on your own, groups of two and much larger groups as well.

Knowledge and Skills:

The course consists of four units RO51/RO52/RO53/RO54. Below is an outline of each unit and its learning objectives.

RO51: Contemporary Issues in Sport

- LO1: Understand the issues which affect participation in sport
- LO2: Know about the role of sport in promoting values
- LO3: Understand the importance of hosting major sporting events
- LO4: Know about the role of National Governing Bodies

RO52: Developing Sports Skills

- LO1: Be able to use skills, techniques and tactics/strategies/compositional ideas as an individual performer in a sporting activity
- LO2: Be able to use skills, techniques and tactics/strategies/compositional ideas as a team performer in sporting activity
- LO3: Be able to officiate in a sporting activity
- LO4: Be able to apply practice methods to support improvement in a sporting activity

RO53: Sports Leadership

- LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership
- LO2: Be able to plan sports activity session
- LO3: Be able to deliver sports activity session
- LO4: Be able to evaluate own performance in delivering a sports activity Session



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RO56: Developing knowledge and skills in outdoor activities

L01: Know about the different types of outdoor activities

L02: Understand the value of participating in outdoor activities

L03: Be able to plan an outdoor activity

L04: Be able to demonstrate knowledge and skills during outdoor activities

Assessment:

OCR Cambridge Nationals in Sports

Verbal Guidance and verbal feedback will be a consistent feature in PE lessons along with visual Guidance and visual demonstrations

Written feedback on google classroom for homework will also be provided as well as class work that is completed.

Class assessments will take place in students exercise books to help provide evidence of knowledge and understanding.

RO51 is assessed with an exam and other three units are assessed with written work and practical application. There are 60 marks available for each unit totalling a possible 240 marks for the course.

Homework:

Students receive homework once per fortnight in order to consolidate and enhance learning in the classroom. This will be set on SMHW and submitted on Google Classroom.

Cultural Capital:

We have observed that GCSE PE course has changed a lot in recent years by making the course less practical and very science orientated. We wanted to offer an alternative that provided a significantly higher proportion of practical content to further develop students skills in knowledge in courses that they had traditionally transitioned into at College. For example Level 3 BTEC Sport. Therefore providing students an entry into sporting careers through access to further education.

Supporting student to develop as healthy human beings that continue to live an active lifestyle within the community. We aim to bring the community closer to school by developing and enhancing club links and increasing the health of the school and communities population. Extra-Curricular sports are available for recreational and competitive opportunities. Competitive fixtures are also played at District, Regional and National Level.

A mix gendered sports tour is offered each year for all ages to experience a different culture and a different experience within either football or handball. We have recently toured to Porto and Manchester.